



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Hantzsch, Helmut

Club: Eisenach
Number: 2234

Course: 10.00 km
City-Lauf

Category:
Männer M60

Total time: 34:35

Speed: 17.35 km/h
Running performance: 3:28 min/km

Rank in course/Total: 35 (of 253)

Rank in course/Men: 31 (of 196)

Best time in course: 27:34

Rank in category: 1(of 12)

Best time in the category: 34:35