



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Bomberg, Dirk

Club: sc impuls erfurt

Number: 54

Course: 10.00 km

City-Lauf

Category:

Männer M50

Total time: 35:33

Speed: 16.88 km/h

Running performance: 3:34 min/km

Rank in course/Total: 41 (of 253)

Rank in course/Men: 37 (of 196)

Best time in course: 27:34

Rank in category: 5(of 19)

Best time in the category: 31:15