



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Mewes, Nick**

Club: VfL 28 Ellrich  
Number: 2229

Course: 10.00 km  
City-Lauf

Category:  
männliche Jugend A

Total time: 35:48

Speed: 16.76 km/h  
Running performance: 3:35 min/km

Rank in course/Total: 42 (of 253)

Rank in course/Men: 38 (of 196)

Best time in course: 27:34

Rank in category: 2(of 4)

Best time in the category: 32:06