



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Frübing, jaqueline

Club: SV Emsetal  
Number: 2074

Course: 2.30 km  
Schülerlauf lang

Category:  
weiblich, AK 15

Total time: 10:24

Speed: 11.54 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 61 (of 337)

Rank in course/Women: 7 (of 175)

Best time in course: 9:11

Rank in category: 2(of 18)

Best time in the category: 10:07