



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Ernst, Hempel

Club: Saalfelder LV

Number: 2141

Course: 10.00 km

City-Lauf

Category:

Männer M60

Total time: 35:59

Speed: 16.67 km/h

Running performance: 3:36 min/km

Rank in course/Total: 48 (of 253)

Rank in course/Men: 44 (of 196)

Best time in course: 27:34

Rank in category: 3(of 12)

Best time in the category: 34:35