



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Höhn, Jörg

Club: SV 1899 Mühlhausen

Number: 97

Course: 10.00 km

City-Lauf

Category:

Männer M40

Total time: 36:14

Speed: 16.56 km/h

Running performance: 3:37 min/km

Rank in course/Total: 52 (of 253)

Rank in course/Men: 48 (of 196)

Best time in course: 27:34

Rank in category: 9(of 29)

Best time in the category: 29:10