



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Schröder, Bernd

Club: Erfurt
Number: 170

Course: 10.00 km
City-Lauf

Category:
Männer M60

Total time: 36:20

Speed: 16.51 km/h
Running performance: 3:38 min/km

Rank in course/Total: 54 (of 253)

Rank in course/Men: 50 (of 196)

Best time in course: 27:34

Rank in category: 4(of 12)

Best time in the category: 34:35