



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Weise, Stephan

Club: Lauffreunde Gotha e.V.
Number: 189

Course: 10.00 km
City-Lauf

Category:
Männer M40

Total time: 36:45

Speed: 16.33 km/h
Running performance: 3:41 min/km

Rank in course/Total: 60 (of 253)

Rank in course/Men: 55 (of 196)

Best time in course: 27:34

Rank in category: 10(of 29)

Best time in the category: 29:10