



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Seever, Thorsten

Club: Laufftreff AlteburgArnstadt

Number: 175

Course: 10.00 km

City-Lauf

Category:

Männer M35

Total time: 37:48

Speed: 15.87 km/h

Running performance: 3:47 min/km

Rank in course/Total: 73 (of 253)

Rank in course/Men: 67 (of 196)

Best time in course: 27:34

Rank in category: 9(of 24)

Best time in the category: 28:37