



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Ernst, Marcel

Club: Friedrichroda

Number: 2206

Course: 10.00 km

City-Lauf

Category:

Männer M20

Total time: 37:55

Speed: 15.82 km/h

Running performance: 3:47 min/km

Rank in course/Total: 75 (of 253)

Rank in course/Men: 69 (of 196)

Best time in course: 27:34

Rank in category: 11(of 25)

Best time in the category: 27:34