



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Goethe, Stefan

Club: Friedrichroda
Number: 2205

Course: 10.00 km
City-Lauf

Category:
Männer M30

Total time: 38:14

Speed: 15.69 km/h
Running performance: 3:49 min/km

Rank in course/Total: 80 (of 253)

Rank in course/Men: 74 (of 196)

Best time in course: 27:34

Rank in category: 6(of 9)

Best time in the category: 28:08