



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Kley, Steffen

Club: FF Warza

Number: 111

Course: 10.00 km

City-Lauf

Category:

Männer M40

Total time: 38:17

Speed: 15.67 km/h

Running performance: 3:50 min/km

Rank in course/Total: 81 (of 253)

Rank in course/Men: 75 (of 196)

Best time in course: 27:34

Rank in category: 12(of 29)

Best time in the category: 29:10