



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Vogel, Torsten**

Club: HSV Weimar / Triathlon  
Number: 184

Course: 10.00 km  
City-Lauf

Category:  
Männer M40

Total time: 38:20

Speed: 15.65 km/h  
Running performance: 3:50 min/km

Rank in course/Total: 83 (of 253)

Rank in course/Men: 77 (of 196)

Best time in course: 27:34

Rank in category: 13(of 29)

Best time in the category: 29:10