



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Kupfer, Bernd

Club: SV Chemie Gotha
Number: 122

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 38:23

Speed: 15.63 km/h
Running performance: 3:50 min/km

Rank in course/Total: 85 (of 253)

Rank in course/Men: 79 (of 196)

Best time in course: 27:34

Rank in category: 17(of 42)

Best time in the category: 31:29