



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Heine, Michael

Club: Team Erdinger Alkoholfrei
Number: 88

Course: 10.00 km
City-Lauf

Category:
Männer M60

Total time: 38:36

Speed: 15.54 km/h
Running performance: 3:52 min/km

Rank in course/Total: 87 (of 253)

Rank in course/Men: 81 (of 196)

Best time in course: 27:34

Rank in category: 5(of 12)

Best time in the category: 34:35