



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Jeziorski, Andree

Club: sc.impuls erfurt
Number: 104

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 39:11

Speed: 15.31 km/h
Running performance: 3:55 min/km

Rank in course/Total: 96 (of 253)

Rank in course/Men: 90 (of 196)

Best time in course: 27:34

Rank in category: 21(of 42)

Best time in the category: 31:29