



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

**Wahl, Klaus-Dieter**

Club: Lauffreunde Gotha

Number: 187

Course: 10.00 km

City-Lauf

Category:

Männer M55

Total time: 39:27

Speed: 15.21 km/h

Running performance: 3:56 min/km

Rank in course/Total: 101 (of 253)

Rank in course/Men: 95 (of 196)

Best time in course: 27:34

Rank in category: 3(of 14)

Best time in the category: 30:51