



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha
Number: 169

Course: 10.00 km
City-Lauf

Category:
Männer M35

Total time: 39:50

Speed: 15.06 km/h
Running performance: 3:59 min/km

Rank in course/Total: 109 (of 253)

Rank in course/Men: 101 (of 196)

Best time in course: 27:34

Rank in category: 15(of 24)

Best time in the category: 28:37