



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Hermann, Rainer

Club: LV Schwarzatal
Number: 94

Course: 10.00 km
City-Lauf

Category:
Männer M65

Total time: 40:14

Speed: 14.91 km/h
Running performance: 4:01 min/km

Rank in course/Total: 113 (of 253)

Rank in course/Men: 105 (of 196)

Best time in course: 27:34

Rank in category: 2(of 6)

Best time in the category: 37:54