



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Mascher, Reinhard

Club: sc impuls erfurt e.V.
Number: 136

Course: 10.00 km
City-Lauf

Category:
Männer M45

Total time: 40:18

Speed: 14.89 km/h
Running performance: 4:02 min/km

Rank in course/Total: 115 (of 253)

Rank in course/Men: 106 (of 196)

Best time in course: 27:34

Rank in category: 24(of 42)

Best time in the category: 31:29