



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Raabe, Andreas

Club: LG Ohra-Hörselgas/ Motor Tambach
Number: 159

Course: 10.00 km
City-Lauf

Category:
Männer M50

Total time: 40:38

Speed: 14.77 km/h
Running performance: 4:04 min/km

Rank in course/Total: 121 (of 253)

Rank in course/Men: 111 (of 196)

Best time in course: 27:34

Rank in category: 14(of 19)

Best time in the category: 31:15