



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Enzian, Iris**

Club: sc impuls erfurt  
Number: 68

Course: 10.00 km  
City-Lauf

Category:  
Frauen W45

Total time: 40:46

Speed: 14.72 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 123 (of 253)

Rank in course/Women: 11 (of 57)

Best time in course: 30:13

Rank in category: 1(of 11)

Best time in the category: 40:46