



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Romming, Nicole

Club: Fitnesssoase Ohrdruf

Number: 164

Course: 10.00 km

City-Lauf

Category:

Frauen W35

Total time: 40:47

Speed: 14.71 km/h

Running performance: 4:05 min/km

Rank in course/Total: 124 (of 253)

Rank in course/Women: 12 (of 57)

Best time in course: 30:13

Rank in category: 5(of 7)

Best time in the category: 30:13