



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Jonke, lutz

Club: ACA

Number: 106

Course: 10.00 km

City-Lauf

Category:

Männer M35

Total time: 41:25

Speed: 14.49 km/h

Running performance: 4:08 min/km

Rank in course/Total: 129 (of 253)

Rank in course/Men: 117 (of 196)

Best time in course: 27:34

Rank in category: 19(of 24)

Best time in the category: 28:37