



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Föhr, Eckard

Club: sc impuls erfurt  
Number: 72

Course: 10.00 km  
City-Lauf

Category:  
Männer M50

Total time: 41:34

Speed: 14.43 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 132 (of 253)

Rank in course/Men: 120 (of 196)

Best time in course: 27:34

Rank in category: 16(of 19)

Best time in the category: 31:15