



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Wolf, Gerd

Club: Gotha
Number: 2252

Course: 10.00 km
City-Lauf

Category:
Männer M55

Total time: 41:35

Speed: 14.43 km/h
Running performance: 4:10 min/km

Rank in course/Total: 133 (of 253)

Rank in course/Men: 121 (of 196)

Best time in course: 27:34

Rank in category: 5(of 14)

Best time in the category: 30:51