



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Münch, Birgit

Club: sc impuls erfurt
Number: 148

Course: 10.00 km
City-Lauf

Category:
Frauen W40

Total time: 41:54

Speed: 14.32 km/h
Running performance: 4:11 min/km

Rank in course/Total: 137 (of 253)

Rank in course/Women: 13 (of 57)

Best time in course: 30:13

Rank in category: 3(of 12)

Best time in the category: 36:29