



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Abendroth, Marius

Club: SPD Gotha
Number: 2283

Course: 10.00 km
City-Lauf

Category:
Männer M20

Total time: 42:07

Speed: 14.25 km/h
Running performance: 4:13 min/km

Rank in course/Total: 141 (of 253)

Rank in course/Men: 128 (of 196)

Best time in course: 27:34

Rank in category: 15(of 25)

Best time in the category: 27:34