



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Neugebauer, Hartmut

Club: Spielvereinigung Siebleben

Number: 2263

Course: 10.00 km

City-Lauf

Category:

Männer M55

Total time: 42:31

Speed: 14.11 km/h

Running performance: 4:15 min/km

Rank in course/Total: 146 (of 253)

Rank in course/Men: 132 (of 196)

Best time in course: 27:34

Rank in category: 7(of 14)

Best time in the category: 30:51