



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Wiewald, Wolfgang

Club: Marineclub Gotha e.V.
Number: 196

Course: 10.00 km
City-Lauf

Category:
Männer M55

Total time: 42:41

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 150 (of 253)

Rank in course/Men: 136 (of 196)

Best time in course: 27:34

Rank in category: 8(of 14)

Best time in the category: 30:51