



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Zenker, Falko

Club: Marineclub Gotha e.V.
Number: 33

Course: 10.00 km
City-Lauf

Category:
Männer M40

Total time: 42:45

Speed: 14.04 km/h
Running performance: 4:17 min/km

Rank in course/Total: 151 (of 253)

Rank in course/Men: 137 (of 196)

Best time in course: 27:34

Rank in category: 20(of 29)

Best time in the category: 29:10