



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Hoßfeld, Jana

Club: SV Emsetal
Number: 2260

Course: 10.00 km
City-Lauf

Category:
Frauen W30

Total time: 43:49

Speed: 13.69 km/h
Running performance: 4:23 min/km

Rank in course/Total: 160 (of 253)

Rank in course/Women: 15 (of 57)

Best time in course: 30:13

Rank in category: 3(of 9)

Best time in the category: 31:42