



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Wenzel, Hendrik

Club: Die Gruppe

Number: 193

Course: 10.00 km

City-Lauf

Category:

Männer M35

Total time: 44:08

Speed: 13.60 km/h

Running performance: 4:25 min/km

Rank in course/Total: 166 (of 253)

Rank in course/Men: 151 (of 196)

Best time in course: 27:34

Rank in category: 21(of 24)

Best time in the category: 28:37