



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Scheidemann, Martin

Club: Perthes-Gym Friedrichroda

Number: 2292

Course: 10.00 km

City-Lauf

Category:

männliche Jugend B

Total time: 44:18

Speed: 13.54 km/h

Running performance: 4:26 min/km

Rank in course/Total: 169 (of 253)

Rank in course/Men: 153 (of 196)

Best time in course: 27:34

Rank in category: 2(of 4)

Best time in the category: 34:59