



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

**Brandt, Sebastian**

Club: Fitnessoase Ohrdruf

Number: 55

Course: 10.00 km

City-Lauf

Category:

Männer M20

Total time: 44:28

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 171 (of 253)

Rank in course/Men: 155 (of 196)

Best time in course: 27:34

Rank in category: 19(of 25)

Best time in the category: 27:34