



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Rothkegel, Günter

Club: Reformhaus Erfurt
Number: 165

Course: 10.00 km
City-Lauf

Category:
Männer M65

Total time: 44:28

Speed: 13.49 km/h
Running performance: 4:27 min/km

Rank in course/Total: 172 (of 253)

Rank in course/Men: 156 (of 196)

Best time in course: 27:34

Rank in category: 5(of 6)

Best time in the category: 37:54