



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Mascher, Konstanze

Club: sc impuls erfurt

Number: 137

Course: 10.00 km

City-Lauf

Category:

Frauen W40

Total time: 44:30

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 173 (of 253)

Rank in course/Women: 17 (of 57)

Best time in course: 30:13

Rank in category: 4(of 12)

Best time in the category: 36:29