



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Grönling, André

Club: Gotha
Number: 2270

Course: 10.00 km
City-Lauf

Category:
Männer M35

Total time: 44:53

Speed: 13.37 km/h
Running performance: 4:29 min/km

Rank in course/Total: 180 (of 253)

Rank in course/Men: 161 (of 196)

Best time in course: 27:34

Rank in category: 23(of 24)

Best time in the category: 28:37