



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Freitag, Marion

Club: Saalfelder LV
Number: 75

Course: 10.00 km
City-Lauf

Category:
Frauen W55

Total time: 45:14

Speed: 13.26 km/h
Running performance: 4:31 min/km

Rank in course/Total: 186 (of 253)

Rank in course/Women: 22 (of 57)

Best time in course: 30:13

Rank in category: 1(of 3)

Best time in the category: 45:14