



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Münch, Günther

Club: SC-Impuls
Number: 147

Course: 10.00 km
City-Lauf

Category:
Männer M55

Total time: 45:29

Speed: 13.19 km/h
Running performance: 4:33 min/km

Rank in course/Total: 190 (of 253)

Rank in course/Men: 167 (of 196)

Best time in course: 27:34

Rank in category: 12(of 14)

Best time in the category: 30:51