



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Goetz, Helmut

Club: sc impuls erfurt

Number: 79

Course: 10.00 km

City-Lauf

Category:

Männer M65

Total time: 45:38

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 191 (of 253)

Rank in course/Men: 168 (of 196)

Best time in course: 27:34

Rank in category: 6(of 6)

Best time in the category: 37:54