



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Grebe, Martin

Club: Eisenach

Number: 82

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 46:19

Speed: 12.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 194 (of 253)

Rank in course/Men: 170 (of 196)

Best time in course: 27:34

Rank in category: 37(of 42)

Best time in the category: 31:29