



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Jendryan, Petra

Club: Lauffreunde-Gotha
Number: 102

Course: 10.00 km
City-Lauf

Category:
Frauen W45

Total time: 46:23

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 195 (of 253)

Rank in course/Women: 25 (of 57)

Best time in course: 30:13

Rank in category: 4(of 11)

Best time in the category: 40:46