



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Gebhardt, Martin

Club: Günthersleben-Wechmar

Number: 2227

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 46:44

Speed: 12.84 km/h

Running performance: 4:40 min/km

Rank in course/Total: 200 (of 253)

Rank in course/Men: 171 (of 196)

Best time in course: 27:34

Rank in category: 38(of 42)

Best time in the category: 31:29