



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Liedtke, Gerlinde

Club: sc impuls erfurt e.V.
Number: 129

Course: 10.00 km
City-Lauf

Category:
Frauen W55

Total time: 47:12

Speed: 12.71 km/h
Running performance: 4:43 min/km

Rank in course/Total: 204 (of 253)

Rank in course/Women: 32 (of 57)

Best time in course: 30:13

Rank in category: 2(of 3)

Best time in the category: 45:14