



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Liedtke, Gerlinde

Club: sc impuls erfurt e.V.  
Number: 129

Course: 10.00 km  
City-Lauf

Category:  
Frauen W55

Total time: 47:12

Speed: 12.71 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 204 (of 253)

Rank in course/Women: 32 (of 57)

Best time in course: 30:13

Rank in category: 2(of 3)

Best time in the category: 45:14