



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Merkel, Kerstin

Club: SV 90 Umpferstedt

Number: 138

Course: 10.00 km

City-Lauf

Category:

Frauen W40

Total time: 47:16

Speed: 12.69 km/h

Running performance: 4:44 min/km

Rank in course/Total: 206 (of 253)

Rank in course/Women: 33 (of 57)

Best time in course: 30:13

Rank in category: 9(of 12)

Best time in the category: 36:29