



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Schmidt, Ivonne

Club: Gotha
Number: 168

Course: 10.00 km
City-Lauf

Category:
Frauen W20

Total time: 47:47

Speed: 12.56 km/h
Running performance: 4:47 min/km

Rank in course/Total: 207 (of 253)

Rank in course/Women: 34 (of 57)

Best time in course: 30:13

Rank in category: 5(of 8)

Best time in the category: 32:25