



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Leonhardt, Ines

Club: Marineclub Gotha e.V.  
Number: 128

Course: 10.00 km  
City-Lauf

Category:  
Frauen W45

Total time: 50:27

Speed: 11.89 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 218 (of 253)

Rank in course/Women: 37 (of 57)

Best time in course: 30:13

Rank in category: 7(of 11)

Best time in the category: 40:46