



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Seiffert, Anni

Club: Hainichläufer
Number: 1059

Course: 10.00 km
City-Lauf

Category:
Frauen W60

Total time: 51:00

Speed: 11.76 km/h
Running performance: 5:06 min/km

Rank in course/Total: 220 (of 253)

Rank in course/Women: 38 (of 57)

Best time in course: 30:13

Rank in category: 1(of 2)

Best time in the category: 51:00