



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Siegmar, Cott

Club: Gotha

Number: 5

Course: 10.00 km

Jedermannstaffellauf

Category:

Jedermannstaffel

Total time: 52:24

Speed: 11.45 km/h

Running performance: 5:14 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Total: 6 (of 8)

Best time in course: 41:44

Rank in category: 6(of 8)

Best time in the category: 41:44